



# PRIMES

Newsletter - FALL 2011

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## UPCOMING EVENTS

**ALUMNAE DAY**

October 22, 2011

**YOUNG ALUMNAE/I  
WINE & CHEESE**

December 22, 2011

FOR MORE EVENT DETAILS  
VISIT SHSH WEBSITE AT  
[WWW.SHSH.CA](http://WWW.SHSH.CA)

## GREETINGS FROM YOUR PRESIDENT

By Sadie Francis Jabbour, class of 1999

With the fall season well underway, the Alumnae/i Association is entering its 90th year and is once again preparing for another eventful and busy year.

Our upcoming Alumnae/i Day will be held on Saturday, October 22nd and is sure to be an exciting day. Registration for this event begins at 9:00 a.m., followed by mass to be celebrated by Father Owen Connolly and our Annual General Meeting. This year we will be presenting changes to the Alumnae/i Constitution which will be voted on next year and Sr. Anne Marie Conn will be our guest speaker. I encourage you all to attend this event.

Once again this year, we will be hosting our third annual Young Alumnae/i Wine & Cheese on Thursday, December 22nd. This event is a great opportunity for all young alumnae/i (and those "young at heart") to see one another during the Christmas season. In the past, this event has been a great success, so I encourage all to mark your calendars and attend!

The Association is also busy planning many fund raising events. The funds raised from these events, along with your annual dues, are what allow the Association to host the above-noted event, as well as our annual Spring Reunion Luncheon. The Association also counts on fundraising and dues in order to support our AIDS orphan in Uganda, Angelah Nsaabimana and our young Sacred Heart girls in Patna, India.

We also try to support the many requests that we receive from school clubs and other aspects of the school. As you can see, the Association truly relies on your support. Thank you to all of you who paid your due in the 2010-2011 year, and we hope to count on your support again this year.



Alumnae Executive October 2010-2011

PRIMES

# SACRED HEART SCHOOL OF HALIFAX ALUMNAE/I DAY

SATURDAY, OCTOBER 22, 2011

9:00AM

SACRED HEART SCHOOL OF HALIFAX

Please join us for our annual Alumnae/i Day Mass, Annual General Meeting and Luncheon. This is a wonderful opportunity to catch up with old friends and chat with new ones at our beautiful school.

Cost for Lunch is \$10, payable at the door.

Please remember that we will also be collecting membership dues at this time (\$20 annual fee).

Please rsvp by October 17, 2011 by calling the School at (902) 422-4459 or by contacting Sadie Jabbour at [sadie\\_francis@yahoo.com](mailto:sadie_francis@yahoo.com)

See you then!

Alumnae Day October 2010





## NEWS FROM OUR ALUMS

### The 2000's

Congratulations to **Joelle Toulany '11** who was recently awarded a scholarship from the Canadian-Lebanese Chamber of commerce and Industry of Nova Scotia. Joelle graduated with Honours with Distinction in June and is currently attending Dalhousie studying for a Bachelor of Science which she hopes will lead to a career in medicine.

**Hayley Sherman '08** is now living in Toronto. She first attended Ryerson and then transferred to the Ontario College of Art and Design to study Material Art and Design with a focus on fiber (textile arts). After graduation she will study Interior Design.

**Emily Rowe '06** is off to the University of St. Andrews in Scotland to study for her Master's degree in International Business.

**Allison Pressé '06** has begun her legal studies at Dalhousie Law School this fall and is enjoying the challenge.

**Kailena van de Nes '01** became engaged this summer! Besides running her own Dance Studio in Ottawa, she spends much of her spare time training for runs to help the Leukemia and Lymphoma Society. Sympathy goes out to Kailena and her sisters, **Anic '00** and **Vanessa '00**, on the death of their grandmother, who died recently.

**Jillian Cooke '06** graduated in May from Dalhousie with a BSc. in Kinesiology. This summer she worked in Bathurst NB as a Recreation Programmer and is currently attending Dalhousie in the Masters of Physiotherapy program.

**Mairead Fegan Streeter** is living in Toronto and working as an intern for the prestigious designer, Sarah Richardson. When you see her, ask her how she got the job. Shall I say savvy and hutzpah? The only downside is that her husband Andrew recently got a job in London, England, and their honeymoon year will be interrupted by distance from time to time.

**Wenya (Desiree) Tang '03** wrote recently to say that she has moved to London also – Ontario!

**Jillian D'Alessio, '03** has been participating in and winning kayak races this summer as she readies herself to participate in the London 2012 Olympics. Jill represented Canada in Athens in the 2004 Olympic

Games.

### The 1990's

**Neeya Jacob '98** recently shared her interesting life story. After living in Bahrain and Dubai, she came to Halifax to attend SHSH and lived with the Amaratunga family, whose daughters **Seela '00** and Jasmine were also at the school. She then attended Ryerson University for the Radio and Television Arts program and ultimately started her own event managing business in Toronto. In 2006, realizing the need for more business education, she moved to Milan to attend the MIP (Politenico di Milano) for their MBA program. Studying in Milan gave Neeya the opportunity to travel around Europe. She ultimately graduated with her MBA in July, married her Italian fiancé a week later (he had been a student at MIP), and has settled down in Rome where her husband works and where she is looking for good work opportunities. In the meantime, Neeya still consults with some of her old clients in Toronto and is now a member of the executive committee of the Canadian Club of Rome, while enjoying La Vita Bella!

**Jenn Chappell '98** was married this summer to Steve Nelson at St. Mary's Basilica in a beautiful ceremony. Her classmate, **Heather Zwicker '98**, was one of the bridesmaids.

**Elizabeth Bowie '98** has been awarded a Massey Journalism Fellowship for 2011-2012. Each year, Massey College chooses several mid-career journalists to join the college. The goal is to get one out of the daily grind to take a year to broaden one's horizons in the unique and intellectual environment that is Massey College. As part of the fellowship, Elizabeth has been given nine months off from her job as a CBC producer and can take classes at the University of Toronto. The Massey community is made up of junior and senior fellows including Michael Ignatieff, Margaret Atwood, Mikhail Baryshnikov, and Julie Payette. Elizabeth is living in residence at the U of T in the apartment that once belonged to Mordecai Richler! Elizabeth comments: "My years at SHSH continue to play an enormous role in shaping my path. Sacred Heart taught me that if you work hard, show concern and courtesy for your neighbour, and dare to be true, good things can happen."

### The 1970's

**Kelly MacKay '79** has left her position at the University of Manitoba where she has been working for the last 17 years in the Faculty of Kinesiology and Recreation Management. Since 2008, she has served as As-

## NEWS FROM OUR ALUMS (CONT'D.)

sociate Dean Academic in the faculty. Kelly also held a joint appointment with Parks Canada. Her work has been recognized through many awards and research grants including being part of a CIDA grant to study the development of sustainable tourism in Uganda. Effective Sept. 1, 2011, Kelly has moved to Toronto to accept a position as Professor in the School of Hospitality and Tourism in the Ted Rogers School of Management at Ryerson University and Director of the Ted Rogers Institute for Tourism and Hospitality Research. We congratulate her and wish her well in her new job!

### The 1960's

**Paula Sullivan Chambers '69** writes that she is now the principal of The Divine Infant Catholic Elementary School in Toronto. She says that every tradition she learned at the Convent has come in handy in planning music for Mass, organizing plays and concerts, and for fundraising. She tells about convincing the students that they would all be wearing berets and knee socks as part of next year's uniform. "It was a great April Fool's joke."

### The 1950's

**Linda Coolen Franklin '59 and Cathleen Donahoe Niedermayer '59** recently travelled to Antigonish to celebrate their 50<sup>th</sup> year of graduation from St FX. They enjoyed meeting with all the other 'Golden Grads' whom they hadn't seen for many years. **Ann Helpard Aylward '52** has shared that this fall her oldest grandson graduates from Oxford University where he has been studying as a Rhodes Scholar for the last two years. He will receive 1<sup>st</sup> class honours and many prizes. Ann and her husband, Fintan, will attend the graduation (with great pride and delight) and then proceed to fulfill a long-awaited dream by taking a cruise to the Holy Land. Bon voyage!

## PASSPORT AROUND THE WORLD

By Nicole (Parkhill) Ferguson '86

At our Spring Luncheon (May, 2011), Sarah Cassidy mentioned how being a Sacred Heart Alumnae/i is "your passport" around the world". From our experience this is true.

This summer I had the opportunity to travel to London, England with my family. We all had our highlights of the holiday. We experienced The London Eye; climbed the steps of Saint Paul's Cathedral; attended church at Westminster Abby and sailed down the Thames to Greenwich. However, I was thoroughly moved by our visit to Sacred Heart High School.

We travelled by subway to Hammersmith and just steps away was the school. Dr. Carpenter, the Headmistress, kindly took us on a tour. The architecture of the school, the painting of Mater Admirabilis and the beautiful courtyard reminded me of our Sacred Heart School. Our shared history and common goals of education really highlighted our international network.



*Anna, Mia and Nicole Ferguson @ Sacred Heart High School, London, England, June 2011*

## CLASS OF '71 REUNION Loly Cortés- Crowley'71

Hard to believe that 40 years have passed since our 1971 graduation!!! When Lesley Bell Bleil, Cecile Chavy, Evelyn McGlone Kerwin and I first met to plan this reunion, we had our doubts whether we would be able to organized this event or not. But after a few more coffee meetings, emails, telephone calls and a bit of “coaxing” to some of our classmates, our reunion took place on Natal Day weekend, July 29-31, 2011!

Our first event was held on Friday night at the School with our “signature” Wine and Cheese. It is always a fun event, as everyone loves to come and see the school and enjoy a drink in the “front parlor”. Some of our classmates where only able to attend that night, so it was nice to have a chance to talk, reminisce and take our “class picture”

On Saturday night, we had our dinner catered and enjoyed it at Cecile’s place. It was a great idea to have our dinner there, as she has a great house for entertaining and we shared lots of laughs and delicious food.

On Sunday, we gathered at Lesley’s house for brunch. Since it was pot luck, many of us enjoyed many new recipes, but I think the hit this year was Donald’s ice cream dessert! The brunch was also fun because some of the daughters and sons attended and it was nice to see them too! We had a wonderful time full of memories and laughter. Overall, we had, according to Lesley, 20 of our classmates attending plus 4 daughters, 2 sons, some long suffering husbands, 6 cats and 2 dogs!

I would like to take this opportunity to thank everyone who attended and especially those of you who travelled near and far! It was great see you all and I can’t wait to see you in 5 years! Loly Cortés- Crowley’71



*Class of '71 Reunion - July 2011*

## VISITORS FROM AFAR by Lynne Sheehan Donahoe '64

In 1963 a beautiful young teen left her home in Mexico City to attend boarding school at the Convent of the Sacred Heart Halifax. Forty eight years later **Veronica Muniain**, her daughter and several relatives returned for a quick visit to the school she loved.

I was fortunate to be available to visit with her and her family on Thursday September 15<sup>th</sup> when Patricia Donnelly and Barb Martell took them for a tour of the school. I took along a photo album with a few pictures of Veronica and her sister **Teresa** who also attended in Halifax. Veronica remem-

bered everything including the date who escorted her to a Convent dance (Andy Ward) and the names of my parents as she had stayed at our home on various occasions and of course the nuns. She also remembered with great fondness staying with Cathy Linton and Crystal Lanigan. Also mentioned were the O’Deas and the McGraths.

Veronica’s family was thrilled to see the school as they had heard for many years all the stories she told them of her stay in Halifax. They had a chance to say hello to Sister Margaret Connolly too who was Headmistress back then. It was a great visit and hopefully we will now be able to stay in touch. If any other alumnae/i happen to cruise (fly, drive) to Halifax, do come and visit. You are all welcome.



*Veronica Muniain with Sr. Margaret Connolly*



*Veronica Muniain in the Study Hall*

## AMASC/CASHA REPORT

By Sarah Cassidy (?76), CASHA Representative

The summer of 2011 passed too quickly and now we are back to a busy fall season. It starts off with our Alumnae/i Annual General meeting on Saturday, October 22nd. It would be great this year if we all tried to bring a fellow alumnae/i who hasn't attended for awhile. Simply making a call to encourage a friend to come along helps bring her back to the school.

The following weekend, on Friday, October 28th, the CASHA executive is involved in supporting a one day CASHA 2011 Social Justice conference in conjunction with the celebration of the 150 Anniversary of the Sacred Heart School in Montreal. The details on the website have already created an interest for some Halifax alumnae who are making travel plans to attend. I would encourage all of you to look at [www.sacredheart.qc.ca](http://www.sacredheart.qc.ca) the Montreal School website and on the first page click on the CASHA conference title to see details on the program, accommodation and a registration form.

The theme "Making a Difference in the 21st Century... Listening with one Heart" will provide alumnae an opportunity to update their knowledge on: 1) the work of the Society in Canada and in the developing world; 2) the internationality of the alumnae network (AMASC); 3) the opportunities for alumnae to actively participate in the world's calls for action whether financially, in the field or through advocacy. This will be your opportunity to listen with one heart to those calls, and to act together. We can create the Canadian Sacred Heart Advantage. The deadline for registering for the conference is October 19th so go online today if you are considering attending. Feel free to contact Sheila Donahoe, CASHA president at Sheila Donahoe [sdonahoe@shsh.ca](mailto:sdonahoe@shsh.ca) or me at [ohhappydayteine@yahoo.ca](mailto:ohhappydayteine@yahoo.ca) if you have any questions.

Do you have any pictures you would like to share?

If so, email them to Cathleen Niedermayer at  
[cniedermayer@eastlink.ca](mailto:cniedermayer@eastlink.ca)

Now that we are primarily a digital publication,  
we can include more graphics!

### BARAT REPORT

By Sister Margaret Connolly, rscj

Here on my desk as I begin this update on Barat, is the letter of September 9th from Sister Mary Finlayson to friends of the Society of the Sacred Heart concerning what she refers to as our "Futuring Process". You may have received a copy of this letter, but I will bring it to our Alumnae meeting on Saturday, October 22nd when there will be an opportunity to look at it together.

Come with your questions and together we shall all be part of this "strong commitment to the future of the mission of the Society of the Sacred Heart in Canada."

Loving you all,

**M. Connolly RSCJ**

### WITH SYMPATHY

by Patricia Himmelman, Corresponding Secretary

Sincere condolences go out to the family and friends of the following member of the Alumnae Association who has died since our last publication:

**Bernadette J. "Betty" Crosby '46**

**died April 5, 2011**

We also send sincere sympathy to all alumnae members who have had family members die during the last six months.

Friday

Oct. 28, 2011



## Canadian Association of Sacred Heart Alumnae Conference

### Making a Difference in the 21<sup>st</sup> Century.....Listening with one Heart

The Sacred Heart School of Montreal's 150<sup>th</sup> Anniversary celebration gives alumnae the opportunity to update their knowledge on: 1) the work of the Society in Canada and in the developing world; 2) the internationality of the alumnae network (AMASC); 3) the opportunities for alumnae to actively participate in the world's calls for action whether financially, in the field or through advocacy. This will be your opportunity to listen with one heart to those calls, and to act together. We can create the Canadian Sacred Heart Advantage.

8:30 – 9:15 **Registration and Continental breakfast**

12:15 to 2:00 **Lunch and Keynote Speaker**

**Sr. Cecil Meijer, RSCJ, representative at UN**

9:15 – 9:30 **Welcome and Opening Reflection**

**Sheila Donahoe**, CASHA President

**Beatrice Keleher Raffoul**, Event coordinator

**Sister Mary Finlayson**, rscj, Canadian Provincial

**Listening to the Concerns of Others in the world - followed by Q & A session**

**Sister Mary Finlayson**, rscj, will introduce the speaker and incorporate remarks about the Canadian Province of the Society.

9:30 – 10:40 **Hands On for a Hand Up**

Nothing like starting the day off making a difference (on-going while listen to next session)

Led by **Catherine Wells '66**, ArtandMind.ca

2:00 – 2:15 **Health Break**

10:00 – 10:40 **AMASC – Roots to Routes**

Overview of the internationality of AMASC

**Beatrice Keleher Raffoul**

Introduction of the new AMASC mandate.

**Pam Snyder**, AMASC President

2:15 – 3:00 **Alms, Action, Advocacy**

**The Hon. Aileen Carroll, '62** former Canadian Minister of International Development followed by Q & A session

Introduction of guest speaker by

**Justice Pierrette Sevigny '64**

10:40-11:00 **Health Break**

11:00 – 12:15 **Listening with one heart.....To Make Change Together**

Be inspired by a panel of Sacred Heart Alums who have turned listening to action

Moderator: **Emmanuelle Khoury '95**

**Jo Ann McKinnon Murphy '66** –

Pathway to Progress Nicaragua

**Philomène Makolo '59** (Bruxelles)

Project Congo

**Barbara Fisher Townsend '66**

The Rave Project – Univ. of New Brunswick

3:00 – 3:30 **Wrap up – A Canadian Alumnae approach for change**

4:00 – 6:00 **Tours of School** (elective)

6:00 – 9:30 **150th Alumnae dinner** at the Sacred Heart School of Montreal

# SACRED HEART ALUMNAE/I ASSOCIATION

## CELEBRATING 84 YEARS OF SACRED HEART TRADITION!

### WHAT DO WE DO?

- Locally, we publish two newsletters per year to keep alumnae/i informed and up-to-date with the latest school activities
- We organize various annual events for our alumnae/i – great opportunities to catch up with old friends!
- We are involved in philanthropic work - supporting the school's bursary fund, donating to various school clubs, providing prize day awards and supporting annual giving.
- We support Sacred Heart education internationally, paying school fees for students in Uganda and India

### DID YOU KNOW?

IN ADDITION TO THE SCHOOL ASSOCIATION, OUR ALUMNAE/I MEMBERS ARE PART OF...

- CASHA (Canadian Association of Sacred Heart Alumnae), which serves the Sacred Heart community nationwide.
- CASHA will meet at Sacred Heart School of Montreal on October 28, 2011.
- AMASC (Association Mondiale des Aciennes et Aciens du Sacré-Coeur), the body that unites tens of thousands of sacred heart alumni all over the globe!
- AMASC meets every four years, most recently at the world congress, 2010 in Malta, plus mark your calendars for the upcoming 2014 congress in Montreal.
- Young AMASC provides a global social network for young alumni and volunteer opportunities, such as international work at Sacred Heart
- Schools and social action projects in North America

### VISIT THE WEBSITE

[HTTP://WWW.SHSH.CA/](http://www.shsh.ca/)

### JOIN OUR FACEBOOK GROUP

[SACRED HEART SCHOOL OF HALIFAX  
ALUMNAE/I ASSOCIATION](#)



### VOLUNTEERING/DUES

PLEASE SUPPORT THE ACTIVITIES OF YOUR ALUMNAE/I ASSOCIATION. More volunteers are needed to serve on our executive. More Alumnae/i members need to pay their dues. Dues are only \$20.00 per year and they help us fund our bursary, prizes for students, as well as some admin costs (mail outs, cards etc)



*FOSTERING LOYALTY AND  
SUPPORT  
FOR OUR ALMA MATER.*

### DUES

Our dues are **only \$20.00 per year** and they help us to fund a bursary, prizes for students, support for student activities, as well as some administration costs (mail outs, cards, etc.)

Please fill out **& include maiden name:**

Name: \_\_\_\_\_

Class/Year: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Little note about you and what you are doing now:

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Do we have your current  
**EMAIL ADDRESS?**